

Maine Medical Association  
Meeting Minutes October 14, 2015

BOARD OF DIRECTORS

Board Member	10-14	12-2	1-22	3-9	4-27	6-1	8-5	9-9	Member	10-14	12-2	1-22	3-9	4-27	6-1	8-5	9-9
J. Fazeli, MD, Chair	P	P							C. Pattavina, MD	CC	P						
J. Barkin, MD	CC	P							B. Pierce, MD	P	P						
A. Berman, MD	P	P							N. Piper, MD	CC	CC						
J. Bradley, MD									C. Reddy, MD								
P. Cain, MD	P	CC							K. Rensenbrink, MD								
R. Chagrasulis, MD		P							L. Ryan, DO	CC	P						
G. D'Augustine, MD	CC								R. Schlager, MD	P	P						
S. Feder, DO	CC	CC															
R. Flowerdew, MD	P	P															
B. Fulmer	P	P							MMA Staff								
M. Gleaton, MD		P							H. Lukas	P	P						
S. Hanson, MD	P	CC							A. MacLean	P							
H. Jarawan, MD	P	CC							D. McMahon	P	P						
P. Killoran, MD	P	P							P. Michaud	P	P						
D. Kreckel, MD	P	P							D. Poulin	P	P						
K. Lombard, MD									G. Smith	P	P						
A. Madden, MD	P	P															
T. Marshall, MD	CC	P															
M. McAllister, MD	CC	P															
M. Parker, MD	P	P															

Topic	Discussion	Action
1.. Call to Order Determination of Quorum Election of prospective board member Amina Qazi, DO	Dr. Fazeli called the meeting to order at 4:08 pm, with a quorum confirmed..  Mr. Smith	
2. Board Chair Report	Dr. Fazeli noted his goal as Chair of the BOD is to be respectful of all and to keep the meeting on schedule. Dr. Fazeli represented MMA at the White Coat Ceremony at UNE. He noted the close relationship MMA has with the Maine Osteopathic Association and our shared goal of supporting future physician's interests in the State of Maine.	
3. Review and approval of minutes of September 11, 2015.	The September 11, 2015 meeting minutes were presented for approval.	A motion was made to accept the minutes, motion seconded and approved.
4. Membership Report a. Membership numbers	Mr. Smith referenced his attached EVP report, noting the membership numbers have increased slightly for September.	FYI.

Topic	Discussion	Action
<ul style="list-style-type: none"> <li>b. Report on Group Memberships</li> <li>c. Individual members still delinquent in 2015 dues</li> </ul>	<p>Calais Regional Hospital Medical Staff voted to join as a group, representing 12 new physicians. Negotiations continue for group memberships at Seabasticook Valley Hospital (Pittsfield) and Downeast Community Hospital (Machias).</p> <p>Mr. Smith expressed his appreciation to the board members who have assisted in the collection of dues from members on the delinquent list. Mr. Smith emphasized that MMA is committed to work with any physician who may be having a financial issue to make it possible for them to continue to be an MMA member and to stay engaged with the association.</p>	<p>Informational.</p> <p>BOD members encouraged to continue to review delinquent list for physicians they may know and be willing to approach.</p>
<ul style="list-style-type: none"> <li>5. Report of Chief Operating Officer; Andrew MacLean               <ul style="list-style-type: none"> <li>a. Pelton Hill Property</li> <li>b. Fiber optic project</li> <li>c. Aroostook County Medical Society</li> </ul> </li> </ul>	<p>Mr. MacLean referenced his written report regarding the property at 6 Rockwood Drive purchase and sale.</p> <p>Update noted in written report.</p> <p>Aroostook County Medical Society funds of approximately \$50,000 are to be moved to the Maine Medical Education Trust to be used as a scholarship fund for medical students who are residents of Aroostook County. These funds are to be managed by the MMA Loan &amp; Trust Committee.</p>	<p>Informational.</p> <p>Informational.</p> <p>A motion was made to accept the ACMS funds and to move the funds to the MMET. The motion was seconded and approved.</p>
<ul style="list-style-type: none"> <li>6. Finance Report; Dr. Parker &amp; Ms. Lukas               <ul style="list-style-type: none"> <li>a. September financials</li> <li>b. Annual Session Financial Report</li> </ul> </li> </ul>	<p>Dr. Parker reflected that the dues collection is improving although he anticipates that by year end there will still be about a \$10,000 deficit. Peer Review is currently behind revenue estimates, although with the increased requests for reviews this Fall is anticipated to be close to budget by year end. .</p> <p>The 2015 Annual Session reflects a loss of \$10,000. The expenses came in under budget, however revenue was not met because of low registrations and fewer exhibitors and sponsors. Dr. Ryan chairs the Annual Session Committee and the committee will to meet to review and share ideas.</p>	<p>Informational.</p> <p>Anyone interested in participating in the Annual Session Committee may contact Dr. Ryan.</p>
<ul style="list-style-type: none"> <li>7. Priority Presentations &amp; Topics               <ul style="list-style-type: none"> <li>a. Annual Report by Investment Advisors RBC Wealth Management</li> </ul> </li> </ul>	<p>Annual Report by Investment Advisors – RBC Wealth Management advisors: Bucky Johnson, Jim Jackson and Independent advisor, Hans Underdahl presented the annual investment update. The MMA Portfolio Summary as of 9-30-15 was reviewed noting investments of no more than 70% in stocks and 30% in bonds. The MMA account is stable and RBC is in compliance with the MMA Operating Reserve Investment Policy. The Maine Medical Education Foundation (loans to medical students) Portfolio Summary notes that bonds are not earning much. The international market has done well in the long term averaging 7% since 1995 but this past year was down 15%. Why should we continue to do this? Mr. Underdahl explained that the overall strategies work well together and recommended that we stay with the 2 managers who have done well; Brandes Investment Partners of San Diego and WHV International in San</p>	<p>Informational.</p>

Topic	Discussion	Action
<p>b. Consideration of Resolutions approved at Annual Session</p>	<p>Francisco. International funds are under performing with an unprecedented collapse in the commodity market. Mr. Underdahl noted the importance of being patient at this time.</p> <p>Mr. Johnson confirmed MMA pays an annual 1% fee to RBC to manage the money. The return on investment reflected in the report is after the 1% fee and there is no commission or any other fees. Any other fees involved come out of the 1% paid to RBC.</p> <p>At the request of Mark McAllister, MD Resolution #1 RE: Supporting Background Checks for Firearm Purchasers approved at Annual Session was placed on the BOD agenda for further discussion. Dr. McAllister expressed his concern the resolution is not related to the core mission of MMA and that it may consume a considerable amount of MMA time. Many other board members addressed their support of the resolution. Dr. Cain specifically noted support of the resolution to focus on mental health issues and other physicians reinforced his statement. The results of the recent Survey Monkey asking <i>Should the MMA take a position supporting expanding mandatory background checks to private sales of firearms, such as at gun shows and through classified advertisements</i> sent to MMA membership was distributed showing 88.79% of the 232 responses supporting MMA's position. Dr. McAllister withdrew his concerns. Members of the Public Health Committee, Drs. Graham; Walworth and Wood were present to discuss the resolution. Mr. Smith further noted that it is the role of the MMA Board of Directors to decide the priorities of the association and physicians in Maine and presented a brief history of how resolutions are now considered.</p>	<p>A motion was made to adopt Resolution #1 as MMA policy, the motion was seconded and approved, with one objection. A motion was made to approve Resolution #2 <i>Actions in Response to Opioid Problem</i> and Resolution #3 <i>Proposed Merger of Anthem, Inc. and Cigna</i>, the motion was seconded and approved.</p>
<p>c. 25<sup>th</sup> Annual Practice Education Symposium, November 18 with MHMC</p>	<p>Mr. Smith noted that our 25<sup>th</sup> Annual Physician Education seminar has been combined with the Maine Health Management Coalition Annual Meeting, titled <b>LEADING CHANGE, How to Make the Switch From Volume to Value</b> with author Dan Heath as the keynote speaker. This event will be at the Holiday Inn by the Bay on November 18 with over 300 registrations to date. All expenses have been covered with funding and sponsorships. With expenses already covered, this creates a great incentive to grow attendance for this program to benefit the financial success of MMA and MHMC</p>	<p>BOD members encouraged to attend the event and invite colleagues.</p> <p>Informational.</p>
<p>8. Leadership Reports a. President; Dr. Pierce</p> <p>1. Listening Session October 20 at 40Paper, Camden.</p> <p>2. ASAE Symposium in February</p>	<p>Dr. Pierce reported a successful September meeting of the New England Council of State Medical Societies in Waltham that he attended along with Mr. Smith. Dr. Pierce continues his attendance at the Independent Physician meetings but the meetings have been dwindling in attendance lately. Dr. Pierce is pursuing the educational training necessary to prescribe suboxone. Through this training, he has realized it is more of an issue than he thought and recognizes the importance of getting more physicians involved.</p> <p>October 20 from 5:30-8:00 pm at 40Paper in Camden. It is anticipated to have attendance of 25-30 physicians.</p> <p>The ASAE CEO Symposium in February in San Diego is to be attended by Mr. Smith; Drs. Pierce, Pattavina and Fazeli.</p>	<p>Board members encouraged to attend and invite colleagues.</p> <p>Informational.</p>

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<ul style="list-style-type: none"> <li>b. President-elect Dr. Pattavina</li> <li>9. EVP Report               <ul style="list-style-type: none"> <li>a. EVP Report, questions or comments</li> <li>b. Governor LePage Response from Annual Session Health</li> <li>c. Proposed meeting with Maine Osteopathic Association and Maine Hospital Association</li> <li>d. Report on Dr. /Flanigan and Somerset County Medical Society</li> <li>e. Maine Anti-Heroin/Opiate Initiative</li> </ul> </li> </ul>	<p>No report at this time.</p> <p>No questions or comments.</p> <p>Mr. Smith noted the attached letter of response from Gov. LePage following his visit to the MMA Annual Session. Governor LePage was commended for his engagement and willingness to attend the Annual Session.</p> <p>Mr. Smith noted the importance of scheduling a dinner meeting with the leadership of MOA to discuss issues of common interest. The MMA Executive Committee (and any other interested BOD member) will be invited. The next MHA meeting is November 17, needs to be determined who will attend on behalf of MMA.</p> <p>Mr. Smith updated the BOD on Dr. Flanigan’s status in California. Dr. Flanigan has noted to Mr. Smith that the Somerset County Medical Society has a remaining balance of approximately \$7,000. An analysis will need to be determined to see if SCMS is incorporated as a nonprofit and then decide how MMA would want to utilize these funds.</p> <p>Mr. Smith referenced the new Maine Opiate Collaborative. He noted the strong leadership and engagement of the members of this collaborative. The collaborative consists of 3 teams: Law Enforcement Team, Prevention/Harm Reduction Team and Treatment. These members are all voluntary with no support staff. The Treatment Team is meeting at MMA on Friday. MMA is dedicated to being involved and putting our best ideas forward. Mr. Smith noted there is no legislative presence on any of the teams.</p>	<p>Informational.</p> <p>Informational.</p> <p>Mr. Smith and Ms. Westhoff to establish a date for a dinner meeting. Mr. Smith to work with MMA BOD officers of their availability to attend the MHA November 17 meeting.</p> <p>Informational</p> <p>Informational</p>
<ul style="list-style-type: none"> <li>10. BOD Meeting Dates for 2015-2016</li> <li>11. New Business               <ul style="list-style-type: none"> <li>a. Facebook Page</li> <li>b. 990 Tax Forms for MMA and MMEF</li> </ul> </li> </ul>	<p>Important to note attached Board of Directors meeting dates for 2015-2016.</p> <p>Mr. Smith presented a social media update. Facebook is currently being used as a public platform and a media consultant is being utilized as part of the vaccine initiative but is not paid for by MMA. Twitter is utilized for more of a professional purpose with political themes not related to medicine. The Weekly Update is slowly being transitioned to more of a blogging tool which will be accesible from the website and with more training can be transmitted to others.</p> <p>Ms. Lukas presented the MMA and MMEF 990 tax reports prepared by an outside accountant for Board review</p>	<p>Informational.</p> <p>Informational.</p> <p>Board members were in support of the 2014 MMA and MMEF Report.</p>

Topic	Discussion	Action
12. Organizational Meeting a. Election of 3 members at large to Executive Committee  13. Evaluation of Meeting	Richard Flowerdew, MD; Mark McAllister, MD and Robert Schlager, MD were nominated to the Executive Committee. No other nominations made.  Meeting evaluation results on a scale of 1 to 10. (1 being the worst and 10 being the best) AVERAGE 7.39	A motion was made to approve all 3 nominations to the Executive Committee. The motion was seconded and unanimously approved..
12. Adjourned.	Meeting adjourned at 6:05 pm.  <p style="text-align: center;"><b>NEXT MEETING</b>  <b>Wednesday, December 2, 2015</b>  <b>MMA Headquarters</b>  <b>4:00 pm – 6:00 pm</b></p>	

Submitted by: Diane McMahon      Approved by: Jabbar Fazeli, MD