

Opioid Educational Outreach - Module Titles & Learning Objectives 2017

Maine Independent Clinical Information Service (MICIS)

1. “How did we get here?” the genesis of overprescribing of opioids & subsequent DC Guidelines
 - Trace the origin of the opioid crisis in America
 - Review CDC opioid prescribing guidelines
2. Opioid Basics: MMEs & Dose reductions
 - Calculate morphine milligram equivalents & evidence behind limits
 - Discuss reduction strategies
3. Practice Transformation & QI for Opioids/Chronic Pain
 - Review best practices in practice transformation for opioid prescribing
 - Focus on team-based care including developing “CSI” (controlled substance initiative) teams
4. Harm reduction: diagnosis & treatment of opioid use disorder including MAT, naloxone prescribing, risks of co-prescribing benzodiazepines
 - Appropriately diagnose opioid use disorder
 - Understand requirements and benefits of buprenorphine and naltrexone prescribing
 - Anticipate prescribing naloxone for all patients and families at risk
5. Enhancing provider communication skills, building patient/family centered care models & incorporating patient education into practice
 - Review Trauma-Informed care
 - Discuss integration strategies for behavioral health and chronic pain management
 - Demonstrate responses to Choosing Wisely’s 5 Questions
6. Nonopioid & nonpharm treatment of chronic pain—Evidence-based recommendations
 - Evidence-based review of alternative treatments for acute & chronic pain
 - Discuss comprehensive acute pain management plans & reduce surgical overprescribing
7. Opioid Chapter 488 Maine’s New Opioid Prescribing Law & the Opioid Crisis: Implications for Prescribers
 - To alert health care practitioners to the level of concern among Maine health care policymakers about the opioid abuse and addiction crisis.
 - To provide an overview of the half dozen relevant bills considered by the 127th Maine Legislature during its Second Regular Session in 2016.
 - To provide a comprehensive review and analysis of P.L. 2015, Chapter 488, *An Act To Prevent Opiate Abuse by Strengthening the Controlled Substances Prescription Monitoring Program*, the legislation imposing limits on prescription opioid medication; mandating use of the Prescription Monitoring Program (PMP); and requiring specific continuing medical education (CME) for practitioners who prescribe opioid medications.