

Resources for Prescribers Regarding Controlled Substance Prescribing and Responding to Disruptions in Care-Maine November 2022

1. **Multiple resources (many on homepage now): Maine SUD Learning Community**
<https://mesudlearningcommunity.org/>
 - a. Webinar on legal issues Monday 11/14 4:30pm
 - b. Achieved webinars on compassionate tapering, transitioning methadone to buprenorphine
 - c. Open office hours
 - d. Guidance documents
 - e. Technical assistance
 - f. 6 week Rapid ECHO to start after Thanksgiving
 - g. Additional resources/ Achieved webinars
2. **Individualized Academic Detailing** on Tapering, Maine Independent Clinical Information Service,
<https://micismaine.org/contact/>
3. **Online CME modules** on Tapering & PMP use, MMA Center for Quality Improvement,
<https://qclearninglab.org/all-courses/>
4. **Controlled Substance Stewardship** program, Schmidt Institute,
<https://theschmidtinstitute.org/contact-us/>
5. **Handout: "Universal Precautions,"** Maine Independent Clinical Information Service,
<https://micismaine.org/wp-content/uploads/2021-MICIS-qi-for-opioids-2021.pdf>
6. **CDC 2022 Opioid Prescribing Guideline** <https://www.cdc.gov/opioids/healthcare-professionals/prescribing/guideline/whats-changed.html>

Patient Education materials from non-commercial entities

1. Oregon Pain Management-resources (including videos) for pts and prescribers
<https://www.oregonpainguidance.org/paineducationtoolkit/>
2. FAQ about Tapering for pts (Alosa Health, nonprofit, non-industry supported)
https://alosahealth.org/wp-content/uploads/2020/03/Tearoff_ChronicPain_11.19.pdf
3. Chronic Pain-General info not primarily focusing on drug treatments
https://alosahealth.org/wp-content/uploads/2020/03/Patient-Brochure_ChronicPain_11.19_web-1.pdf
4. (VA) Benzos-tapering highlights side effects of long term benzos
https://www.pbm.va.gov/PBM/AcademicDetailingService/Documents/508/IB10-1529BZD-PatientFactSheet-SlowlyStoppingBenzodiazepines_508Ready.pdf
5. (VA) Opioids-highlights side effects of long term opioids
https://www.pbm.va.gov/PBM/AcademicDetailingService/Documents/508/IB10-1015_PAIN-Provider-OpioidRiskDiscussionTool_508Ready.pdf
6. (VA) Chronic pain booklet-prob not 6th grade level
https://www.pbm.va.gov/PBM/AcademicDetailingService/Documents/508/IB10-791PAIN-Patient-SafeandResponsibleUseofOpioidsforChronicPain_508Ready.pdf

Other prescriber resources

1. Oregon Pain Management-resources (including videos) for pts and prescribers
<https://www.oregonpainguidance.org/paineducationtoolkit/>
2. Michigan Opioid Prescribing Toolkit
<https://injurycenter.umich.edu/opioid-overdose/michigan-safer-opioid-prescribing-toolkit/>