

TARGET AUDIENCE



# Extended-Release and Long-Acting Opioid Analgesics Risk Evaluation and Mitigation Strategy

# NOVEMBER 15, 2014 MaineGeneral, 35 Medical Center Parkway, Augusta, Maine Conference Rooms 1, 2 and 3



**TWO WAYS TO ATTEND** This program is available both live at MaineGeneral and over the web via Webex. In either case, please register using the form below. Webex capacity is limited, so don't delay!

This activity is intended for health care professionals who prescribe ER/LA opioids.

☐ Payment Enclosed Please make checks payable to Maine Medical Association

□Visa □MasterCard Credit Card #\_\_\_\_\_\_ Cardholder Name (Please print): Signature:

# **AGENDA** 8: 30 - 9:00AM REGISTRATION AND BREAKFAST 9:00 – 12:00 PM MODULE 1: Assessing Patients for Treatment with ER/LA Opioid Analgesic Therapy MODULE 2: Initiating Therapy Modifying Dosing and Discontinuing Use of ER/LA Opioid Analgesic MODULE 3: Managing Therapy with ER/LA Opioid Analgesics MODULE 4: Counseling Patients and Caregivers About Safe Use of ER/LA Opioid Analgesics MODULE 5: General Drug Information for ER/LA Opioid Analgesic Products MODULE 6: Specific Drug Information for ER/LA Opioid Analgesics Products 12:00 PM Adjourn **FACULTY** Noah Nesin, MD, FAAFP - Chief Medical Officer, Penobscot Community Health Center Elisabeth Fowlie Mock, MD – Academic Detailer, Maine Medical Association November 15, 2014 Registration • Please select: □MaineGeneral □Webinar Attendee(s) (Please include titles)\_\_\_\_\_ Office/Practice Name Office Address: City E-mail(s) Required: Total Fee: \_\_\_\_\_ x \$15 per Attendee (if attending at MaineGeneral) (Registration fee includes breakfast for those participants attending at MaineGeneral.) FREE FOR WEBINAR PARTICIPANTS

Please register in advance by November 11, 2014. Same day registration will be offered on space available basis only.

No refunds, but substitutions from same office will be allowed.

#### **OBJECTIVES**

- 1. Appropriately assess patients for the treatment of pain with ER/LA opioid analgesics, including analyzing risks versus potential benefits
- 2. Assess patient's risk of abuse, including substance use and psychiatric history
- 3. Identify state and federal regulations on opioid prescribing
- 4. Incorporate strategies to effectively initiate therapy, modify dosing or discontinue use of ER/LA opioid analgesics in patients with pain
- 5. Manage ongoing therapy with ER/LA opioid analgesics
- 6. Incorporate effective counseling for patients and caregivers about the safe use of ER/LA opioid analgesics
- 7. Discuss general and product-specific drug information related to ER/LA opioid analgesics

#### ABOUT THE FACULTY

**Elisabeth Fowlie Mock, MD,** is from Holden, received her doctorate from Vanderbilt Medical School and a Master of Public Health in Health Policy and Administration from UNC-Chapel Hill. She attended Colby College and Emory University. She is Board Certified in Family Medicine and works part-time as a Hospitalist at EMMC. She is active in leadership of the Maine Academy of Family Physicians. While not a native, Dr. Mock began summering in Maine at the age of three months. Interests include homeschooling, lots of kids activities, travel and music. She volunteers with Holbrook Recreation, Bangor First UMC and as a Red Cross blood donor.

Noah Nesin, MD, FAAFP is the Chief Medical Officer at Penobscot Community Health Center. Dr. Nesin grew up Howland, where his father was the community's family doctor for 39 years, and has practiced as a board-certified family physician in the region for 28 years. He graduated from Tufts University School of Medicine in 1983 and completed his Family Medicine Residency in Duluth, MN in 1986. After completing residency he operated his own private practice for 19 years, and then became a provider and Medical Director at Health Access Network in Lincoln for the next 8 years. He also served for a year as Interim Chief Medical Officer for Maine Community Health Options, the Co-op insurance plan formed under the Affordable Care Act.

### METHOD OF PARTICIPATION / HOW TO RECEIVE CREDIT

1. Complete the CME evaluation/attestation form, which provides each participant with the opportunity to comment on how participating in the activity will affect their professional practice; the quality of the instructional process; the perception of enhanced professional effectiveness; the perception of commercial bias; and his/her views on future educational needs.

2. Your CME/CE certificate will be mailed to you within 90 days.

#### STATEMENT OF NEED

Chronic pain is a major public health problem in the United States and has been estimated to affect up to a third of Americans. However, after a decade of standard setting and research on pain control, health care practitioner assessment and management of patient pain continues to be inadequate. Evidence-based guidelines emphasize thorough patient assessment, prompt recognition of patient pain, frequent monitoring, multimodal analgesic therapies, and patient input; yet, there are persistent gaps in clinicians' knowledge and practice around key areas of chronic pain management. Additionally, rates of misuse and abuse of nonprescription medications have not abated over the past decade, resulting in addiction, drug poisoning, and overdose death. Despite these concerns, appropriate use of opioids can improve a patient's quality of life. Thus, education on best practices for opioid safe use is critical for all clinicians managing patients with chronic pain.

#### ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education and the American Osteopathic Association Council on Continuing Medical Education through the sponsorship of The University of Nebraska Medical Center, Center for Continuing Education, The France Foundation, the Federation of State Medical Boards, the FSMB Foundation and the American Osteopathic Association of Medical Informatics.

The University of Nebraska Medical Center, Center for Continuing Education is accredited by the Accreditation Council for Continuing

The University of Nebraska Medical Center, Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## **CREDIT DESIGNATION**

#### **Physicians**

The University of Nebraska Medical Center, Center for Continuing Education designates this live activity for a maximum of 3 AMA PRA Category 1 Credit(s) $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Osteopathic Association Council on Continuing Medical Education, through its accredited CME sponsor, the American Osteopathic Association of Medical Informatics, has designated this live activity for a maximum of 3 AOA Category 2B credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Nurses

Nurses who are certified by the American Nurses Credentialing Center (ANCC) may utilize activities that are certified by ACCME-accredited providers toward their requirement for certification renewal by the ANCC. A certificate of attendance will be provided by the University of Nebraska Medical Center, Center for Continuing Education, an ACCME-accredited provider. This program is made possible through a grant by the Maine Board of Licensure in Medicine