

## **Suicide Prevention and Management in Healthcare Practice Settings: A Comprehensive Evidence-based Approach**

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A Maine citizen is 13.5 times more likely to die by suicide than by homicide (2016-2018), yet suicide is among the most preventable forms of death. Healthcare practice settings provide an excellent venue for the identification and assessment of suicide risk and the provision of ongoing care to assist in the management of the drivers of suicide.

This 1-hour presentation will provide updated information on trends in suicidal behavior across the lifespan and an overview of the best-practice approach to suicide identification, assessment, and management of suicide within a practice or hospital setting. Tools for practice will be offered to address assessment, Collaborative Safety Planning and coordinated follow-up. This presentation is appropriate to any professional working in a medical, clinical or behavioral health role: medical providers, nurses, social workers and ancillary clinicians, and support staff.

Objectives: Attendees will leave able to

- Articulate the rationale for a structured approach to suicide assessment and management in healthcare.
- Describe to elements of suicide assessment and Collaborative Safety Planning.
- Appreciate the recent trends in suicide across the lifespan in Maine.

**For more information and to schedule a presentation, contact the NAMI Maine Suicide Prevention Coordinator at [mspp@namimaine.org](mailto:mspp@namimaine.org) or at (800) 464-5767 x2318.**

In collaboration with the Maine Suicide Prevention Program and NAMI Maine, the Maine Medical Association offers resources for physicians and medical practices at [www.mainemed.com/suicide-prevention](http://www.mainemed.com/suicide-prevention).

### **AMA Designation Statement**

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### **Joint Providership Statement**

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