Suicide Prevention and Management in Healthcare Practice Settings: A Comprehensive Evidence-based Approach

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A Maine citizen is 12.4 times more likely to die by suicide than by homicide (2018-2020), yet suicide is among the most preventable forms of death. Healthcare practice settings provide an excellent venue for the identification and assessment of suicide risk and the provision of ongoing care to assist in the management of the drivers of suicide.

This 1-hour presentation will provide updated information on trends in suicidal behavior across the lifespan and an overview of the best-practice approach to suicide identification, assessment, and management of suicide within a practice or hospital setting. Tools for practice will be offered to address assessment, Collaborative Safety Planning and coordinated follow-up. This presentation is appropriate to any professional working in a medical, clinical or behavioral health role: medical providers, nurses, social workers and ancillary clinicians, and support staff.

Objectives: Attendees will leave able to

- Articulate the rationale for a structured approach to suicide assessment and management in healthcare.
- Describe the elements of suicide assessment and Collaborative Safety Planning.
- Appreciate the recent trends in suicide across the lifespan in Maine.

For more information and to schedule a presentation, contact the NAMI Maine Suicide Prevention Coordinator at mspp@namimaine.org or at (800) 464-5767 x2318.

AMA Designation Statement

The Maine Medical Education Trust designates this live activity for a maximum of 1 AMA PRA Category 1 Credit(s)TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Joint Providership Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Maine Medical Education Trust and NAMI Maine. The Maine Medical Education Trust is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation to provide Continuing Medical Education (CME) for physicians.