

Maine Medical Association
Meeting Minutes January 18, 2017

BOARD OF DIRECTORS

Board Member	10-5	11-5	12-7	1-18					Member	10-5	11-5	12-7	1-18					
R. Schlager, MD, Chair	P	P	P	P					M. McAllister, MD		P							
J. Barkin, MD		P		CC					M. Parker, MD	P	P	P	P					
A. Berman, MD	P	P	CC						C. Pattavina, MD	P	P	P	P					
R. Best, MD			CC	P					B. Pierce, MD	CC	P	P	P					
P. Cain, MD	P	P	P						A. Qazi, DO									
R. Chagrasulis, MD	P	P	CC	P					L. Ryan, DO	P	P	P						
G. D'Augustine, MD	CC	P	CC	CC														
J. Fazeli, MD	P	P	P	P														
S. Feder, DO	P																	
R. Flowerdew, MD	P	P	P	P					MMA Staff									
M. Gleaton, MD	P	P	CC	P					S. Kring	P	P	P	P					
H. Goorhuis, MD	P	P	P	CC					H. Lukas	P	P	P	P					
S. Hanson, MD	P	P	P	P					A. MacLean	P	P	P	P					
R. Hicks, MD	P	P	P	P					D. McMahon	P	P	P	P					
H. Jarawan, MD	P		CC						P. Michaud	P	P	P	P					
P. Killoran, MD		P	CC	CC					D. Poulin	P		P	P					
N. Knowland	P	P	P						G. Smith	P	P	P	P					
D. Kreckel, MD	P		P	P														
A. Madden, MD	CC	P	CC	P														
T. Marshall, MD	CC	P	P	CC														

Topic	Discussion	Action
1.. Call to Order Determination of Quorum	Dr. Fazeli (in the absence of Dr. Schlager) called the meeting to order at 4:05 pm, with a quorum confirmed.	
2. Board Chair Report; Robert Schlager, MD a. Resignation of Natania Piper, DO	The resignation of Natania Piper, DO from the Board of Directors was noted.	
3. Review and approval of minutes of December 7, 2016.	The December 7, 2016 meeting minutes were presented for approval.	A motion was made to accept the minutes, motion seconded and approved.
4. Priority Presentations & Topics a. Action Plans: Helping Doctors Care for Patients &	Mr. Smith noted the Opioid Action Plan was presented and approved at the December 7, 2016 Board Meeting. Mr. Smith presented the Action Plan for Helping Doctors Care for Patients . (Timeline is for 12 months – January 2017- December 2017). The objectives under this Action Plan are noted to address the major factors leading to physician	

Topic	Discussion	Action
<p>Professionalism, follow-up to Board Retreat</p>	<p>burnout and frustration: a. Health Plan (payor) administrative hassles. b. Workforce shortages. c. Compliance issues. d. Work-Family-Life balance. e. Review of the high cost of medication. Mr. Smith noted recognition that MMA is currently already actively engaged in some of these items. 1. Draft and seek legislative sponsorship of a bill to limit, regulate and standardize health plan prior authorization processes. 2. Establish a working group on recruitment and other work force issues consisting of members, selected MMA staff, and recruiters. 3. Work with partners in Maine and the AMA to review the high cost of prescription drugs and initiate any regulatory or legislative proposals which could potentially positively impact the issue. 4. Continue to advocate for coverage and access to care for all Maine people. The Measurable Goals: 1. Number of regulatory and legislative initiatives proposed. 2. Number of legislative initiatives enacted into law 3. Recommendations and results of work groups. 4. Results of initiatives on high drug costs. Action Plan on Professionalism presented (Timeline is for 12 months – January 2017 – December 2017). Objectives: 1. To educate members, non-members, and the public regarding what it means to be a professional (a member of a learned profession). 2. To survey physician attitudes about professionalism. 3. To assess and potentially address barriers/challenges to professionalism in the current health environment. Action Plan: 1. Draft and conduct appropriate surveys of member opinion on the topic. 2. Draft and solicit articles on professionalism for publication in MMA publications. Those topics could include, but not be limited to: A. Conflict of Interest. b. Boundary violations. c. Codes of ethics. d. Collegiality. e. Always doing right by the patient. 3. Sponsor conference on professionalism on June 17, 2017 with the Lown Institute and other partners. 4. Establish an ad hoc workgroup to examine conflict of interest policies and other issues determined by the Board. Measurable Goals: 1. Number of surveys implemented and number of physician responses. 2. Number of articles published. 3. Results of evaluations of June 17th conference. 4. Recommendations and results of work groups.</p>	<p>A motion was made to approve the two Action Plans as presented. The motion was seconded and unanimously approved.</p> <p>Dr. Pattavina & Mr. Smith will meet with Governor LePage to further discuss the high cost of drugs and appropriate responses to it and close the loop as noted when Governor LePage addressed the Board at the President’s Retreat in November.</p>
<p>b. Proposed Revisions to 2017 Budget</p>	<p>Dr. Kreckel noted that the original proposed 2017 Budget presented in 2016 reflected a deficit of \$57,000. Positive changes occurred since approval of the original proposed Budget in September of 2016: membership, dues exceeding budget) FQHC program exceeding budget, the additional of two special society contracts, the Maine Podiatric Medical Association and Maine Chapter, American College of Surgeons. A decrease in benefit cost of the MMA Staff health insurance plan was noted due to 2 MMA staff members eligibility for Medicare. Other income, Academic Detailing and MeHAF advocacy grants noted in proposed budget. The MeHAF Advocacy grant is only thru June 30, 2017, although it may be extended beyond this date. The budget continues to draw down on incomes from reserves in the range of \$20,000 to \$25,000. Given the changes, and including a one percent increase for staff, the 2017 budget now reflects a positive margin of \$855.00.</p>	<p>A motion was made to accept the recommended changes to the 2017 Budget proposed by the Finance Committee, the motion was seconded and unanimously approved.</p>
<p>c. Statement on Reform of the US Health Care System Proposed Final Action</p>	<p>Mr. MacLean noted the final process of this statement is the prioritization of the principles. Discussion followed, noting specifically lines 15-17 “Our objective should be to achieve basic health care for every resident of Maine, regardless of age, gender, race, sexual orientation, place of residence, occupation or lack of it, employment status, health status, income or wealth status or legal residency status”. It was agreed to amend the statement by placing a period after resident of Maine and removing the remaining words.</p>	<p>A motion was made to accept the amendment, the motion was seconded and unanimously approved.</p>
<p>d. Should MMA add its support to an effort by the Maine Chamber of</p>	<p>Peter Michaud presented the Draft Statement prepared by the Question 2 Coalition. Discussion followed. MMA had agreed at the November Retreat to not make a statement on Question 2 for public relations reasons. It was further noted that the circumstances are different now. MMA has been asked by the Chamber of Commerce and one other</p>	<p>The motion was seconded and approved. One objection, two abstained. Motion approved.</p>

Topic	Discussion	Action
<p>Commerce and other business leaders to blunt the appeal of the 3% tax surcharge by using marijuana tax money to fund education?</p>	<p>health system, to support this statement. Mr. Michaud updated that the source of funds is NOT now marijuana but a source not yet identified. The motion on the table is to support the statement.</p>	
<p>. 5. Leadership Reports a. President; Charles Pattavina, MD 1. Future Listening Sessions: April 10-Aroostook County May 22 – Washington County 2. Proposed donation of free registration to www.statpearls.com 3. Restrictive Covenants b. President-elect, Jabbar Fazeli, MD 1. 2017 Presidents Retreat c. Past President, Brian Plerce, MD EVP Performance</p>	<p>Dr. Pattavina reported that the April 10 date of the Listening Session for Aroostook County will need to be rescheduled as the date conflicts with Passover.</p> <p>The May 22 Washington County date is firm. Mr. Smith believes that all physicians in Washington County are MMA members and as part of the Listening Session we would like to recognize and honor these physicians for their commitment. Dr. Pattavina is committed to attending the May 22 event and encouraged leadership and Board members to attend, although recognition of the traveling distance was noted. It was also noted that the benefits of having this Listening Session in conjunction with our opioid community forum could prove to be beneficial.</p> <p>The attached letter was reviewed for the proposed donation of free registrations, thus providing an inexpensive learning system. The idea is to provide a very inexpensive learning system so health professionals worldwide may prepare for any board or certification exam. A physician from Maine donated a free subscription to every health professional in the State of Maine. Mr. Smith will validate that this is legitimate and will seek to obtain the release of the name of the physician. This could be an opportunity to recognize, for example Robert McAfee, MD or other individual or to make the service available in recognition of all MMA members.</p> <p>MMA follows the Code of Ethics of the AMA on the topic. Restrictive Covenants are now appearing more often in physician contracts and can be considered unethical, although in Maine, Mr. Smith noted we are able to abide by the AMA code. If MMA were to take on restrictive covenants in legislation, it would put MMA in the middle of contract issues between members and between members and hospitals.</p> <p>Dr. Fazeli noted that the 2017 President’s Retreat will be the week of October 27-29 in Portland. His goal is to reduce the cost of this event by 10%. The date of the Retreat was changed from the November date to better accommodate meetings of with New Hampshire and Vermont Medical Societies.</p> <p>Dr. Pierce noted the EVP Performance Review will be conducted over an Executive Session Dinner Meeting immediately following the Board meeting. The results will be presented to the Board during an Executive Session at the next Board meeting.</p>	<p>Further consideration to be given to scheduling an Opiate Community Form on May 22. (Mr. Smith and Ms. Kring responsible).</p> <p>A motion was made to accept this free generous gift. The motion was seconded with all in favor. Motion passed.</p> <p>Topic to be placed on March 8 Agenda.</p> <p>Ms. McMahon will obtain proposals from Portland hotels.</p>

Topic	Discussion	Action
<p>Review</p> <p>7. Management Reports: Mr. Smith – Mr. MacLean – Mr. Michaud – Ms. Lukas a. Questions or comments from Board members on EVP Report; Mr. Smith</p> <p>Financial Reports: Michael Parker, MD, Dieter Kreckel, MD, Ms. Lukas 1. December financials</p> <p>8. Evaluation of Meeting</p> <p>9. Adjourn</p>	<p>Dr. Pierce continues to seek assistance posting to the MMA Facebook page and was happy to note 2600 hits from 12/18/16 to 1/18/17..</p> <p>Mr. Smith noted from his EVP report that 60 delinquent members were dropped from MMA membership, representing \$28,000 in lost dues revenue. These delinquent members did receive a final letter noting they were being dropped from the MMA membership and it did include a survey for them to complete. A recommendation was made that consideration be given to having Board member place calls to these members as it may be a more effective tool in retaining membership. Mr. Smith noted that the group of 60 represent some VA physicians; some independents; and some in hospital employed groups that do not have group memberships.</p> <p>Mr. MacLean’s COO Report was noted.</p> <p>Mr. Michaud noted that in social media most MMA members do not follow Twitter. It was brought to Mr. Michaud’s attention that messages are being sent from individuals who members do not even know. Mr. Michaud acknowledged this is how it works.</p> <p>The December financials were noted. Dr. Parker confirmed that the \$57,000 positive revenue from the 2016 budget goes directly into reserves. Because of the positive return in 2016 from our investments managed by RCB, and the positive margin achieved in operations (including grants, etc.) the reserves grew by over \$100,000 for the year.</p> <p>Meeting evaluation results on a scale of 1 to 10 (1 being the worst and 10 being the best) Average: 7.86</p> <p>Meeting adjourned at 6:00 pm.</p> <p style="text-align: center;">NEXT MEETING</p> <p style="text-align: center;">Wednesday, March 8, 2017 MMA Headquarters 4:00pm – 6:00 pm</p>	
	<p>Submitted by: Diane McMahon Approved by: Robert Schlager, MD Attested by: Andrew MacLean</p>	

Topic	Discussion	Action

Topic	Discussion	Action